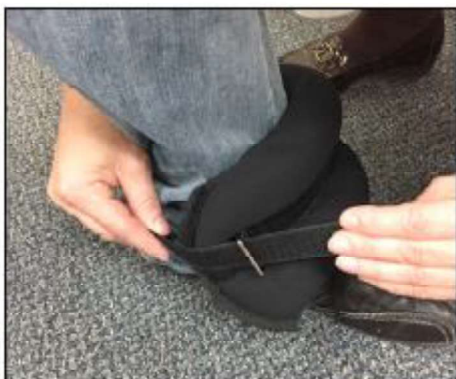


Instructions for Use



1. Check the contents of the package to ensure that every piece listed is included.
2. Work with a partner for assistance in putting on the RealCare Geriatric Simulator.



Ankle weights

3. Put one ankle weight on each ankle.
Secure them tightly around each ankle.



Weight vest

4. With assistance from a partner, put the weight vest on. Adjust the Velcro straps until it is a secure fit.



Knee restraint

5. Put one knee restraint on each knee.
Pull them tightly for a snug fit.



Elbow restraint

6. Put one elbow restraint on each elbow.
Pull them tightly for a snug fit.



Cervical collar

7. Put the cervical collar around your neck. Strap it tightly enough so it is secure without cutting off circulation or air flow.



Wrist weights

8. Put one wrist weight on each wrist. Some users might prefer to add one more weight per wrist for a fuller simulation effect. Pull tightly for a snug fit.



Gloves

9. Pull the gloves tightly over each hand.



Visual impairment glasses

10. Choose the visual impairment glasses you desire and put them on.



Walker

11. Unfold the walker and adjust it to the proper height.